

WELCOME BACK



MENU FOR AUGUST 2010

Clarendon Elementary School

This institution is an equal opportunity employer and provider

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.75

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.50

Milk \$0.50

Comments or Suggestions?

Call or email
 The Abbey Group
 1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
 Call today for more information.

1-866-933-4205 X24

Monday, Aug. 23	Tuesday, Aug. 24	Wed., Aug. 25	Thurs., Aug. 26	Friday, Aug 27
		1st Day of School Chicken Sandwich Served on Wheat Roll Oven Baked French Fries Fresh Cherry Tomatoes w/Dip Fresh Fruit Farm Fresh Milk	Dress Your Own Burger on a Bun Lettuce, Tomato, Cheese, Onions & Pickle Pasta Salad w/ Fresh Vegetables Mouthwatering Corn Fresh Baked Brownies Fresh Fruit Farm Fresh Milk	Freshly Made Pepperoni or Cheese Pizza Garden Salad Low-Fat Dressings Fruit Juice Shape Ups Fresh Fruit Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
 Garden Fresh Salad Bar
 Yogurt Parfait & String Cheese
 Vegetarian Options
OR
 Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, Aug. 30	Tuesday, Aug. 31
Dress Your Own Hot Dog in a Bun (Ketchup, Mustard, Onions & Relish) Oven Baked Potato Puffs Baked Beans Fresh Fruit Farm Fresh Milk	Ham & Cheese Double Decker Ham, Cheese & Dough Garden Salad Low-Fat Dressings Fresh Juicy Watermelon Fresh Fruit Farm Fresh Milk

BUY LOCAL

We support local New England Companies

- Clarendon School Garden
- Cold Hollow Cider
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- Sunrise Orchards
- Vt. Country Farms
- VT. Hydroponic Produce LLC



DAILY BREAKFAST OPTIONS

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Breakfast Buns & Scrambled Eggs

**Cereal w/English Muffin, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!!

WELCOME BACK



MENU FOR SEPTEMBER 2010

Clarendon Elementary School

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Wed., Sept. 1

Taco Bar
W/ the Works
Ground Beef, Lettuce,
Tomato, Peppers, Salsa,
Cabot Sour Cream,
Shredded Cheese
Crispy Corn Shell

Spanish Rice
Creamy Coleslaw

Fresh Fruit
Farm Fresh Milk

Thurs., Sept. 2

Chicken Caesar
Salad
Romaine, Chicken,
Croutons & Creamy Caesar
Dressing

Chilled Fruit Cup
Homemade Dinner
Roll
Blueberry Crisp

Fresh Fruit
Farm Fresh Milk

Friday, Sept. 3

Freshly Made
Pepperoni or
Cheese Pizza

Garden Salad
Low-Fat Dressings
Applesauce Cup
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

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Garden Fresh Salad Bar
Yogurt Parfait & String Cheese
Vegetarian Options
OR
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Monday, Sept. 6



NO SCHOOL

Tues., Sept. 7

Grilled Ham &
Cheese Sandwich

Clarendon Garden
Minestrone Soup
Veggie Sticks w/
Ranch Dip

Fresh Fruit
Farm Fresh Milk

Wed., Sept. 8

Chicken & Cheese
Fajitas
Cabot Sour Cream & Salsa
Soft Flour Tortilla

Brown Rice Pilaf
Steamed Corn
Lori's Famous Cookies

Fresh Fruit
Farm Fresh Milk

Thurs., Sept. 9

Brunch for Lunch
Waffles w/
Maple Syrup

Hash Browns
Sausage Links
Fruit Cups
Warm Fruit Crisp

Fresh Fruit
Farm Fresh Milk

Friday, Sept. 10

Freshly Made
Pepperoni or
Cheese Pizza

Vegetable Sticks
w/ Ranch Dip
Sweet Dried
Cherries

Fresh Fruit
Farm Fresh Milk

DAILY BREAKFAST OPTIONS

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Breakfast Buns & Scrambled
Eggs

**Cereal w/English Muffin,
Bagels, Muffins, Fruit, Milk and
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Monday, Sept. 13	Tues., Sept. 14	Wed., Sept. 15	Thurs., Sept. 16	Friday, Sept. 17
Baked Chicken Nuggets With Dipping Sauce	Pork Fried Rice <small>Meat, Rice, Eggs & Veggies</small>	Homemade Chicken Ranch Double Decker <small>Chicken, Cheese, Ranch & Dough</small>	Grandparent's Day Luncheon Homemade Goulash <small>Beef, Red Sauce, Pasta</small>	Freshly Made Pepperoni or Cheese Pizza
Rice Pilaf Fresh Oven Baked Zucchini Sticks Wheat Dinner Roll Low-Fat Dessert	Steamed Broccoli Mandarin Orange Cups Blueberry Muffins	Carrot & Celery Sticks w/Dip Chilled Fruit Cups Happy Birthday Cake	Side Caesar Salad Homemade Garlic Bread Sticks	Garden Salad Low-Fat Dressings Jell-o w/Fruit
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk
Monday, Sept. 20	Tues., Sept. 21	Wed., Sept. 22	Thurs., Sept. 23	Friday, Sept. 24
Local Spaghetti Squash w/ Marinara Sauce & Meatballs	Creamy Mac & Cheese Cornbread Squares	Harvest Luncheon Vermont Baked Potato Bar <small>Seasoned Beef, Steamed Broccoli, Cabot Sour Cream, Fresh Chives, Homemade Cheese Sauce</small> Local Greens dressed w/ Fresh Apples, Dried Cherries & maple Vinaigrette Hearty Oatmeal Bread Fresh Baked VT. Apples	Nachos Supreme Meat & Cheese <small>Salsa, Peppers, Tomatoes, Black Olives & Cabot Sour Cream</small>	Freshly Made Pepperoni or Cheese Pizza
Garden Salad Low-Fat Dressings Garlic Bread Sticks Assorted Popsicles	Cauliflower, Broccoli & Carrots Mixed Fruit		Spanish Rice Seasoned Corn Low-Fat Dessert	Garden Salad Low-Fat Dressings Chilled Fruit Cup
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk
Monday, Sept. 27	Tues., Sept. 28	Wed., Sept. 29	Thurs., Sept. 30	
Dress Your Own Burger on a Bun <small>Lettuce, Tomato, Cheese, Onions & Pickle</small>	Pasta Bar Rotini or Spaghetti Meat Sauce or Homemade Cheese Sauce	Homemade Cheesy Bread Sticks	BBQ Pulled Pork Sandwich on Wheat Roll	
Pasta Salad w/ Fresh Veggies Mouthwatering Corn	Garden Salad Low-Fat Dressing Garlic Bread Sticks	Vegetable Soup Garden Salad Low-Fat Dressings Marinara Dipping Sauce	Oven Baked French Fries Creamy Coleslaw Sugar Cookies	
Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	Fresh Fruit Farm Fresh Milk	

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