



This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.75

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.50

Milk \$0.50



Monday, May 3

Chicken Sandwich
Served on Wheat
Roll

Potato Wedges
Glazed Carrots
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 4

Creamy
Chicken Alfredo
Chicken, Pasta, Cheese

Steamed Broccoli
Chilled Fruit Cups
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Wed., May 5

CINCO DE MAYO
Nachos Supreme
Meat & Cheese
Salsa, Peppers, Tomatoes,
Black Olives & Sour Cream
Tortilla Chips

Spanish Rice
Seasoned Corn
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 6

Baked Potato
Bar
Seasoned Beef, Bacon Bits,
Cheese Sauce, Broccoli,
Sour Cream & Chives

Caesar Salad
Homemade
Wheat Rolls

Fresh Fruit
Farm Fresh Milk

Friday, May 7

Freshly Made
Pepperoni &
Cheese Pizza

Garden Salad
Low Fat Dressings
Jell-O with Fruit

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Spaghetti
Meat & Marinara
Sauce

Garden Salad
Low-fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Tuesday, May 11

Chicken & Cheese
Quesadillas
Sour Cream & Salsa
Soft Flour Tortilla

Rice Pilaf w/
Veggies
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 12

Scrambled Eggs
With Toasted
English Muffin

Hash Browns
Sausage Links
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Thursday, May 13

BBQ Pulled Pork
Sandwich

Pasta Salad
w/veggies
Sliced Peaches
Happy Birthday Cake

Fresh Fruit
Farm Fresh Milk

Friday, May 14

Freshly Made
Pepperoni &
Cheese Pizza

Vegetable Sticks
Hummus Dip
Fruit Cups

Fresh Fruit
Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/
Warm syrup
Tues: Sausage & Cheese and Egg
& Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels
and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit,
Milk and 100% Juice offered
EVERYDAY!



Monday, May 17

Oven Baked
Breaded Chicken

Potato Wedges
Steamed Corn
Corn Muffins

Fresh Fruit
Farm Fresh Milk

Tuesday, May 18

Homemade
Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

Homemade
Chicken Ranch
Double Decker
* New Taste Test

Carrot & Celery Sticks
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day
McKenzie Hotdogs
With all the fixings
Served in Bun

Seasoned New England
Potato Wedges with
Fresh Herbs
Apple Sauce Cups

Fresh Fruit
Farm Fresh Milk

Friday, May 21

End of Year BBQ

Grilled Burgers and
Hot Dogs
(Lettuce, Tomato,
Pickles & Cheese)
Vegetarian Option
Summertime
Salads
Potato Chips
Watermelon
Bomb Pops
Farm Fresh Milk



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards
- Cold Hollow Cider
- Sunrise Orchards
- Vt. Country Farms
- McKenzie

Monday, May 24

Fun Shaped
Fish Nuggets
Tarter Sauce

French Fries
Creamy Coleslaw
Wheat Dinner Roll

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Pasta Bar
Rotini or Spaghetti
Meat & Cheese Sauce

Tossed Salad
Low-Fat Dressing
Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Ham & Cheese
Double Decker
(Ham & Cheese
between bread dough)

Garden Pasta Salad
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

Frito Lay Day
Taco Bar
W/ the Works
Lettuce, Tomato, Peppers,
Salsa, Sour Cream & Cheese.
Frito Lay Scoops or Reduced
Fat Doritos

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Friday, May 28

Homemade
Cheesy Bread
Sticks

Vegetable Soup
Garden Salad
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli Sandwich
Garden Fresh Salad Bar
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 31

Memorial
Day
No School



Looking for a job that lets you be at home when your family needs you there?

Come join our team!



School Meals
We serve education every day

Call today for more information.
866-933-4205
X24



May
2010
Wallingford
Elementary School

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Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!