








February 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Chicken Nuggets</i> <i>Rice</i> <i>Fruit</i> <i>Pretzels</i> <i>Milk</i>	2 <i>Tomato Soup</i> <i>Grilled Cheese</i> <i>Veggie Sticks w/ dip</i> <i>Fruit</i> <i>Milk</i> 	3 <i>BBQ Chicken Sandwich</i> <i>w/bacon & cheese</i> <i>Tator Tots</i> <i>Fruit</i> <i>Dessert</i> <i>Milk</i>	4 <i>Goulash</i> <i>Tossed Salad</i> <i>Garlic Bread</i> <i>Fruit</i> <i>Milk</i>	5 <i>Hot Dogs</i> <i>Healthy Chips</i> <i>Corn</i> <i>Fruit</i> <i>Milk</i> 	6
7	8 <i>Pizza</i> <i>Salad</i> <i>Fruit</i> <i>Dessert</i> <i>Milk</i>	9 <i>Crumb Roasted Chicken</i> <i>Mashed Potatoes</i> <i>Vegetable</i> <i>Fruit</i> <i>Milk</i>	10 <i>Cheeseburger</i> <i>Tator Tots</i> <i>Veggie Sticks w/dip</i> <i>Fruit</i> <i>Milk</i>	11 <i>Mac N 'Cheese w/ ham</i> <i>Tossed Salad</i> <i>Garlic Bread</i> <i>Fruit</i> <i>Milk</i>	12 <i>Chicken Parmesan Sandwich</i> <i>Seasoned Fries</i> <i>Fruit</i> <i>Dessert</i> <i>Milk</i>	13
14	 15  <i>Winter Break</i>	16 <i>Winter Break</i>	17 <i>Winter Break</i>	18 <i>Winter Break</i>	19 <i>Winter Break</i>	20
21	22 <i>Meatball Sub</i> <i>Macaroni Salad</i> <i>Steamed Broccoli</i> <i>Fruit</i> <i>Milk</i>	23 <i>Chicken Nuggets</i> <i>Tossed Salad</i> <i>Fruit</i> <i>Milk</i>	24 <i>Taco's</i> <i>Rice</i> <i>Corn</i> <i>Fruit</i> <i>Dessert</i> <i>Milk</i>	25 <i>Turkey Dinner</i> <i>Mashed Potatoes</i> <i>Stuffing</i> <i>Cranberry Sauce</i> <i>Roll</i> <i>Milk</i>	26 <i>Pizza</i> <i>Cucumber Salad</i> <i>Fruit & Yogurt</i> <i>Milk</i> 	27
28	Each meal is served with a choice of 1% Low Fat Milk or Low Fat Chocolate Milk. A Ham sandwich or a cup of yogurt will be available as an alternative to the main menu.					