

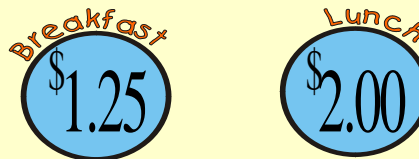
MENUS FOR JUNE 2011



MILL RIVER UNION HIGH SCHOOL

This institution is an equal opportunity employer and provider

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.75

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.00

Milk \$0.50

Comments or Suggestions?

Call or email
 The Abbey Group
 1-800-696-4748
coments@abbeygroup.net

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
 Call today for more information.

1-866-933-4205 X24

We Support Local New England Companies



- Woods Market Garden
- Clarendon School Garden
- Sentinel Orchards
- Mckenzie
- Westminster Crackers
- Sugar Bush Gardens & Maple Products
- Brown Boar Farm
- Mazza Farm Stand
- Westminster Cracker
- VT. Country Farms
- Cabot Cooperative
- Sunrise Orchards
- Russell Family Farm
- Cold Hollow Cider

Wed., June 1

Fiesta

Nachos Supreme
 Seasoned Taco Meat,
 Nacho Cheese Sauce,
 Lettuce, Salsa & Cabot
 Sour Cream, Corn Tortilla
 Chips

Rice Pilaf
 Garden Fresh
 Salad Bar
 Low-Fat Dessert

Fresh Fruit
 Farm Fresh Milk

Thurs., June 2

Hot & Tasty

Open Face Hot
 Turkey Sandwich
 w/Gravy

Mashed Potato
 Chilled Cranberry
 Sauce

Fresh Fruit
 Farm Fresh Milk

Friday, June 3

Itza Calzone

Calzones
 Cheese or Pepperoni
 & Cheese Filled

Marinated Black
 Bean Salad
 Garden Fresh
 Salad Bar

Fresh Fruit
 Farm Fresh Milk

AVAILABLE DAILY MEAL OPTIONS

MENUS ARE SUBJECT TO CHANGE

- Hoagieville Deli
- Zesty Pizza
- Garden Fresh Salad Bar Served with Every Meal
- Popular Express Lane
- Grab-n-Go Deli Sandwiches & Salads
- Cabot Yogurt Parfait & String Cheese
- Vegetarian Options
- Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Mon., June 6

Spring Fling

Dress Your Own
 Burger on Whole
 Wheat Bun
 Lettuce, Tomato,
 Onion, Pickles &
 Cheese
 Ranch Rice
 Pilaf
 Garden Fresh
 Salad Bar
 Fresh Fruit
 Farm Fresh Milk

Tues., June 7

Buon Appetito

Pasta w/
 Meat or Marinara
 Sauce
 Garden Fresh
 Salad Bar
 Homemade Garlic
 Breadsticks
 Happy Birthday Cake
 Fresh Fruit
 Farm Fresh Milk

Wed., June 8

That's a Wrap

Santa Fe Wrap
 Turkey, Bacon, Ranch,
 Lettuce & Tomato
 Roasted Root
 Vegetables
 Garden Fresh
 Salad Bar
 Fresh Fruit
 Farm Fresh Milk

Thurs., June 9

Caesar Crazy

Chicken Caesar
 Salad
 Chilled Fruit Cup
 Wheat
 Dinner Roll
 Fresh Fruit
 Farm Fresh Milk

Friday, June 10

Soup & Breadsticks

Homemade Garlic
 Breadstick
 Brushed w/Garlic
 & Parmesan
 Marinara Dipping Sauce
 Beef Barley
 Soup
 Fresh Carrot
 Sticks w/Dip
 Fresh Fruit
 Farm Fresh Milk

DAILY BREAKFAST OPTIONS

- Monday**
 Whole Grain French Toast Sticks w/Maple syrup
- Tuesday**
 Kid's Favorite "UBR" Whole Grain Breakfast Bar
- Wednesday**
 Healthy Breakfast Pizza
- Thursday**
 Sausage & Cheese on Wheat English Muffin
- Friday**
 Scrambled/Hardboiled Egg or Yogurt w/
 Breakfast Bun

** Assorted Cereals w/toasted English muffin, bagels w/cream cheese, yogurt parfait w/graham crackers, Fresh Fruit, Juice, Milk

Mon., June 13 That's a Wrap Buffalo Style Chicken Wrap Chicken & Buffalo Sauce in a Soft Flour Tortilla Or Chef's Creation Garden Pasta Salad Garden Fresh Salad Bar Fresh Fruit Farm Fresh Milk	Tues., June 14 Spring Fling Roasted Hot Dog on Wheat Bun Ketchup, Mustard, Relish & Onions Or Chef's Creation Baked Beans Garden Fresh Salad Bar Fresh Fruit Farm Fresh Milk	Wed., June 15 Fiesta Taco Bar w/ The Works Seasoned Taco Meat, Shredded Cheese, Lettuce, Onions, Salsa, Cabot Sour Cream & Soft Flour Tortilla Or Chef's Creation Spanish Rice Garden Fresh Salad Bar Fresh Fruit Farm Fresh Milk	Thurs., June 16 Exams Breakfast Only	Friday, June 17 Exams Breakfast Only
Mon., June 20 Exams Breakfast Only	Tues., June 21 Exams Breakfast Only	Wed., June 22	Thurs., June 23	Friday, June 24
Mon., June 27	Tues., June 28	Wed., June 29	Thurs., June 30	



The Abbey Group
Dishing Up Local!



Whole grain options offered daily

AVAILABLE DAILY MEAL OPTIONS

MENUS ARE SUBJECT TO CHANGE

Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar Served with Every Meal
Popular Express Lane
Grab-n-Go Deli Sandwiches & Salads
Cabot Yogurt Parfait & String Cheese
Vegetarian Options
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

DAILY BREAKFAST OPTIONS

Monday
Whole Grain French Toast Sticks w/Maple syrup

Tuesday
Kid's Favorite "UBR" Whole Grain Breakfast Bar

Wednesday
Healthy Breakfast Pizza

Thursday
Sausage & Cheese on Wheat English Muffin

Friday
Scrambled/Hardboiled Egg or Yogurt w/ Breakfast Bun

** Assorted Cereals w/toasted English muffin, bagels w/cream cheese, yogurt parfait w/graham crackers, Fresh Fruit, Juice, Milk