



This institution is an equal opportunity provider and employer.

Comments or Suggestions?

Call or email
The Abbey Group

1-800-696-4748

coments@abbeygroup.net

Pay for meals on-line at



Providing parents a safe secure way to manage food service payments and to look up account balances.

Visit our website: www.abbeygroup.net/foodserve.htm to access school menus, online pre-pay and food policy statements.

Prices

Breakfast

Paid \$1.25
Reduced Free
Adult \$1.75

Lunch

Paid \$2.00
Reduced \$0.40
Adult \$3.50

Milk \$0.50



Monday, May 3

BBQ Pulled Pork Sandwich On Wheat Roll

Lemon Couscous Steamed Carrots Low-Fat Dessert

Fresh Fruit Farm Fresh Milk

Tuesday, May 4

Home Style Macaroni & Cheese

Steamed Broccoli Chilled Fruit Cups Fruit Muffins

Fresh Fruit Farm Fresh Milk

Wed., May 5

CINCO DE MAYO

Nachos Supreme Meat & Cheese
Salsa, Peppers, Tomatoes, Black Olives & Sour Cream Tortilla Chips

Spanish Rice Seasoned Corn Low-Fat Dessert

Fresh Fruit Farm Fresh Milk

Thursday, May 6

Baked Potato Bar

Seasoned Beef, Bacon Bits, Cheese Sauce, Broccoli, Sour Cream & Chives

Caesar Salad Homemade Wheat Rolls

Fresh Fruit Farm Fresh Milk

Friday, May 7

Italian Style Calzones

Pepperoni, Ham & Veggie

Garden Salad Low-fat Dressing Jell-O with Fruit

Fresh Fruit Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

The Abbey Group's meal options are prepared home-style daily with fresh local products!

Monday, May 10

Spaghetti Meat & Marinara Sauce

Garden Salad Low-fat Dressing Garlic Bread Sticks

Fresh Fruit Farm Fresh Milk

Tuesday, May 11

Chicken & Cheese Quesadillas Sour Cream & Salsa Soft Flour Tortilla

Rice Pilaf w/ Veggies Chilled Fruit Cups Low-Fat Dessert

Fresh Fruit Farm Fresh Milk

Wed., May 12

Homemade Ham & Cheddar Quiche
* New Taste Test

Baked Hash brown Toasted English Muffin Fresh Sliced Melon

Fresh Fruit Farm Fresh Milk

Thursday, May 13

Hearty Chicken Noodle Soup w/ Crackers

Grilled Cheese Garden Salad Happy Birthday Cake

Fresh Fruit Farm Fresh Milk

Friday, May 14

Homemade Savory Meatloaf w/ Gravy

Mashed Potatoes Green Peas Wheat Dinner Rolls

Fresh Fruit Farm Fresh Milk

Daily Breakfast Options

Mon: French Toast Sticks w/ Warm syrup
Tues: Sausage & Cheese and Egg & Cheese Muffins
Wed: Healthy Breakfast Pizza
Thurs: Sausage & Cheese Bagels and Ham & Cheese Bagels
Friday: Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!



Monday, May 17

Buffalo Chicken Wrap
Cheese, Lettuce, & Tomato Ranch or Blue Cheese

Seasoned Couscous
Fresh Broccoli Sprigs
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Tuesday, May 18

Homemade Goulash
Beef, Red Sauce, Pasta

Side Caesar Salad
Homemade Garlic Bread Sticks

Fresh Fruit
Farm Fresh Milk

Wed., May 19

Homemade Chicken Ranch Double Decker
* New Taste Test

Carrot & Celery Sticks
Chilled Fruit Cups
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Thursday, May 20

Localvore Day

Roasted Turkey w/ Gravy
Local Mashed Potato Stuffing
Cranberry Seasoned Carrots
Warm Local Apple Bread

Fresh Fruit
Farm Fresh Milk

Friday, May 21

Beef & Cheese Enchiladas
Sour Cream & Salsa

Spanish Rice
Flavorful Corn
Seasoned Black Beans w/ Cilantro

Fresh Fruit
Farm Fresh Milk



BUY LOCAL

We support local New England Companies

- Saputo Cheese Co.
- Cold Hollow Cider
- Vt. Country Farms
- McKenzie
- Mazza Farm Stand
- Westminster Cracker
- Sentinel Orchards
- Cabot Cooperative
- Champlain Orchards

Monday, May 24

Dockside Fish Sandwich
On Wheat Roll

French Fries
Creamy Coleslaw
Tarter Sauce

Fresh Fruit
Farm Fresh Milk

Tuesday, May 25

Frito Lay Day
Taco Bar
W/ the Works

Lettuce, Tomato, Peppers, Salsa, Sour Cream & Cheese. Frito Lay Scoops or Reduced Fat Doritos

Spanish Rice
Creamy Coleslaw
Low-Fat Dessert

Fresh Fruit
Farm Fresh Milk

Wed., May 26

Beef Broccoli Stir Fry
Served over White Rice
Topped with Chow Mein Noodles

Sautéed Cabbage
Fruit Muffins

Fresh Fruit
Farm Fresh Milk

Thursday, May 27

End of Year BBQ

Grilled Burgers and Hot Dogs (Lettuce, Tomato, Pickles & Cheese)
Vegetarian Option
Summertime Salads
Potato Chips
Watermelon
Bomb Pops
Farm Fresh Milk

Friday, May 28

Homemade Cheesy Bread Sticks

Garden Salad
Sliced Peaches
Marinara Dipping Sauce

Fresh Fruit
Farm Fresh Milk

Available Daily Meal Options

Hoagieville Deli
Zesty Pizza
Garden Fresh Salad Bar
Popular Express Lane
Cabot Yogurt & String Cheese
Vegetarian Options
OR
Hot Entrée listed

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Monday, May 31

Memorial Day
No School



Looking for a job that lets you be at home when your family needs you there?



Come join our team!

Call today for more information.
866-933-4205
X24



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Daily Breakfast Options

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- Tues:** Sausage & Cheese and Egg & Cheese Muffins
- Wed:** Healthy Breakfast Pizza
- Thurs:** Sausage & Cheese Bagels and Ham & Cheese Bagels
- Friday:** Cinnamon Buns w/Icing
**Cereal, Bagels, Muffins, Fruit, Milk and 100% Juice offered EVERYDAY!